

Town Department Heads

State Senator:  
Rick Bennett.....287-1505

State Representative:  
Caleb.Ness@legislature.maine.gov

Selectmen:  
Jim Tyrrell           Tom Klinepeter  
Tom Kingsbury    Michiye Harper  
Gregory Huang-Dale

Town Manager:  
(treasurer & Tax Collector)  
Katie Haley.....935-2805

Town Clerk:  
Theresa Shaw.....935-2805

Public Works Director  
(Highway & Transfer Station)  
Lester France.....935-2772

Police Chief:.  
Aaron Mick.....935-3323

Fire Chief:  
Andrew Dufresne.....935-2615

Fryeburg Rescue:  
Steve Goldsmith.....935-3024

Recreational Depart:  
Rick Buzzell.....935-3933

Code Enforcement Officer:  
Natalie A. Foret.....935-2805

Animal Control Officer:  
Cindy Eaton.....890-5313

Eastern Slope Airport:  
David Cullinan.....935-4711

Fryeburg Library:  
Maryann Eastman.....935-2731

Fryeburg Business Association:  
www.FindItInFryeburg.com

WANT TO ADVERTISE?

Side Bar Ad (2.5” x 1.75”)  
\$25 a month   \$125 for 6  
Side Bar Ad (2.5” x 4”)  
\$50 a month   - \$250 for 6  
(subject to space availability)

If you have something you would like to share please email: [Donnawbe@gmail.com](mailto:Donnawbe@gmail.com) for consideration

Deadline is the 20th of each month

AUTO FACTS YOU OUGHT TO KNOW *By Eric Meltzer*

Do you ever look at a car and wonder where they got their names? In the automotive lexicon, most manufacturers brands are easily recognized and entrenched in our culture and many American car companies derive their names from their founders so many years ago.

Chevrolet, an American automotive icon, was named for Louis Chevrolet who, ironically was a Swiss born American race car driver of French decent. Chevrolet was only involved with his namesake company for a couple years before he decided that racing, rather than manufacturing, was his passion. William C. Durant, Chevrolet's partner and General Motors founder, bought out Louis and kept the brand alive, partly because he liked how the name sounded. Dodge was named for the Dodge brothers, Horace and John. Ford Motor Company, of course, was named after its founder and industrialist, Henry Ford, while the ill fated Edsel was named for Henry's son. Henry Ford's first venture, the Henry Ford Company, ended with his ouster in 1902 because he was spending too much time developing a race car rather than a passenger car.

The remnants of the company were reorganized as Cadillac which was named for Antoine de la Mothe Cadillac, founder of Detroit Michigan. Cadillac is second only to Buick as America's oldest car brand. Some companies were named for their founders, who later went on to pioneer other companies like Ransom Eli Olds who, after selling his auto manufacturing operation, Oldsmobile, who's name was inspired by the newly coined French word auto-mobile, to William Durant who incorporated it into General Motors, went on to manufacture REO trucks who's name was formed from his initials. Walter P. Chrysler eponymously named his cars, as did David Buick who invented the overhead valve engine.

Like many inventors, Buick wasn't as savvy with business and only stayed with the company for a few years as William (Billy) Durant, as you may have guessed, actually grew the brand and used it as a cornerstone for General Motors. Lincoln was named for Abraham Lincoln by founder and engineer Henry Leland. After Lincoln Motor Company ran into financial difficulty, it was purchased by the Ford Motor Company and Henry Ford, was now in a position to have his way with the people that fired him from his original self-named company years before.

Japanese auto manufacturers don't tend to follow a specific naming convention. Toyota, originally a loom manufacturer, is named for Kiichiro Toyoda, who began the automotive division, although with a letter change from d to t which culturally depicts better luck. Honda is named for mechanic and founder Soichiro Honda who began as a producer of motorized bicycles after World War II before manufacturing cars in the late 1960's. Subaru is a Japanese name for the Pleiades star cluster which explains their logo, incorporating stars. Nissan began as DATson which derived it's name from the first letter of the family name of the three founders. Later the name became Datsun and was owned by Nippon Sangyo - loosely translated to Japan Industries – which was blended to become Nissan.

Some European auto manufacturers called themselves after their founders, like Porsche named for Ferdinand Porsche who originally penned the Volkswagen – German for People's Car - Beetle and Mercedes-Benz named for founder Carl Benz and Mercedes Jellinek, the daughter of Emil, an early racer, investor and promoter. BMW is named for Bayerische Motoren Werke - German for Bavarian Motor Works. BMW is entrenched in aircraft history before building motorcycles and later cars and their logo depicts a spinning propeller of white against a blue sky. Volvo means “I roll” in Latin and was originally a division of SKF ball bearings. The name was meant to be used on everything that rolled from ball bearings to bicycles to cars but World War I delayed the company's goals. SAAB, another auto maker steeped in aviation, stands for Svenska Aeroplan Aktiebolaget - Swedish for Swedish Aeroplane, Limited. Fiat stands for Fabbrica Italiani Automobili Torino - Italian Automotive Works Turin.

These are just some examples of where these, now common, names originated. Many of the early manufacturers long outlived even the memory of the men who's names remain on the brand. It's said that David Buick himself profited so little from his automotive endeavor that he died unable to afford one himself.



FRYEBURG TOWN MATTERS

Privately owned & published by Business Enhancements. All rights reserved.

Due to the varied sources for information, Town Matters may be subject to errors from time to time. We apologize for any inconvenience this may cause and strive for accuracy. Thank you for your understanding and feedback.

To download a copy of past or current Town Matters log onto [www.Finditinfryeburg.com](http://www.Finditinfryeburg.com), Open “directory” and click on the Fryeburg Town Matters membership page

Vol 21 • Issue 07 • Editor: Donna Woodward - 207-441-8170 - [donnawbe@gmail.com](mailto:donnawbe@gmail.com) • Oct 2023



THE HISTORY OF FRYEBURG FAIR!

It was a chilly day in March of 1851 when a few local farmers and merchants got together and decided to show off their harvest, produce, cattle and wares to the community. Since those humble beginnings, Fryeburg Fair, Maine's Blue Ribbon Classic, is Maine's largest agricultural fair second in New England in size only to Eastern States in Massachusetts. Today Fryeburg Fair sits on over 185 acres and has over 100 buildings. The eight-day fair hosts over 3,000 animals including prize-winning draft horses, ponies, racing horses, oxen, dairy & beef cattle, sheep, goats, pigs, poultry, rabbits and much more. Maine's Blue Ribbon Classic is always during the first week in October. Fryeburg Fair has flourished since that first fair when William Walker of Lovell won \$3 for the best acre of corn and William Spring of Brownfield earned \$1 for the best seed wheat. Fryeburg Fair attracts more than 225,000 people annually.



Photo by S. Linscott

FRYEBURG FAIR 2023 - Sunday Oct 1 thru Sunday Oct 8th (7AM - 10PM)  
TICKETS \$15 SUN. thru SUN  
Children under 12 FREE • Weekly Pass \$100  
Woodsmen's Field Day - MONDAY  
Senior Citizens Day - TUESDAY - 65 years and over - FREE  
Harness Racing TUES. Oct. 3 thru SAT. Oct. 7

Exhibition Halls, Farm Museum, Museum Craft Demonstrations, School House, Fiber Demonstrations, Craft Building, Food Vendors, Dreamland Amusement with rides and games, pig & calf scrambles, Skillet & Anvil Throw, Firemen's Muster, Tractor Pull, Draft Horse, Steer, & Oxen Pulls and Shows, Sheep Dog Trials, parade, Night Shows, 4WD Pull and the list goes on and on with fun-filled entertainment

Fryeburg Fair is pleased to present over 200 of Maine's most talented musicians and entertainers throughout the Fair week. Performances are ongoing in five different locations. Entertainment brochures are available at each gate and the information booth.

PLEASE CHECK WEBSITE FOR PROGRAM UPDATES - [www.fryeburgfair.org](http://www.fryeburgfair.org)

Strollers, wheelchairs & scooters available to rent at “Blue Gate” and “Orange Gate” on a first come, first serve basis.

**PALMER'S**  
**HEATING & SHEET METAL**

Air Conditioning • Hot Water • Hot Air  
**SALES, SERVICE & INSTALLATION**

**Oil Burner Service**

95 Smith St, Fryeburg, ME 04037  
 Shop: 207-935-2703  
 Cell: 207-256-0030

**FRYEBURG**  
  
**DENTAL CENTER**  
 MICHAEL HARPER DMD  
 44 Portland Street • Suite 1  
 Fryeburg, Maine 04037  
 207-935-3133  
 www.fryeburgdentalcare.com  
 AAID Dental Implants Certified

**THE**  
**Oxford**  
 HOUSE INN



*A Country Inn & Gourmet Restaurant*  
**Serving dinner**

Tues-Thurs 5-8:30pm and Fri/Sat 5-9pm  
 935-3442 or 800-261-7206  
 548 Main St., Fryeburg, ME 04037  
 www.oxfordhouseinn.com  
 \*\*\*ME Sunday Telegram 2010

**PINKHAM**  
  
**REAL ESTATE**  
 EST. 1963

**2558 White Mountain Hwy  
 North Conway NH 03860**

**Emily Kubichko, Fryeburg Resident**  
 Licensed Realtor in ME & NH  
 Emily@PinkhamRealEstate.com  
 C: 603-662-4455 O: 603-356-5425

**R.T.D. Excavation**

- Septics
- Driveways
- Foundations
- Skid Steer Work
- Camp Road Grading
- Shore land zone certified
- Stone, loam, gravel, etc
- Lot Clearing



**Richard • 207-890-3721 • Fryeburg**

**Fryeburg Town Managers Report - by Katie Haley**

As a reminder, the first half of this year's taxes are due on October 15th. As I am sure you noticed from your bill, the tax rate increased from 15.3 last year to 16.5 this year; this is the first mil rate increase since FY 2019. Information regarding various tax exemption programs and tax assistance programs was provided along with your tax bills; please feel free to reach out if you have questions about any of the opportunities.

I wanted to remind people of numerous resources that are available to help with rising heating and energy costs. Community Concepts is accepting appointments (1-800-866-5588) for their HEAP program. Per the Community Concepts website, the Home Energy Assistance Program (LIHEAP) offers financial assistance to help income eligible homeowners and tenants pay for heating and home energy. Also, assistance might be available through the Town of Fryeburg Emergency Fuel Fund. This program was set up years ago to assist residents with winter heating needs, pending eligibility requirements. Applications are available at the Town Office.

This is a final reminder that it's time to purchase your new Transfer Station Sticker for the Transfer Station. Stickers can be purchased at the Town Office and the Transfer Station. As of October 1, all vehicles without a valid sticker will not be allowed to utilize the facility and will be turned away and made to leave if found within the facility.

We will hold our typical annual Household Hazardous Waste Day on October 28th, however, we can take paint, through the Paint Care recycling program, at any point throughout the year for free. Please see an attendant at the Transfer Station to drop off paint and never put it in the MSW or Single Sort hoppers.

The preliminary plans for the future Municipal Complex have been developed and are being reviewed and revised internally and with the Building Committee. It is expected that public feedback on the plans and concept will be sought, via a public hearing, within the next month or so. Funding sources are being investigated now that we have a preliminary design. We are eager to reveal these plans for a complex that is functional, efficient, and is something that the Town can be proud of!

As always, please reach out if you have any questions or comments.

**Lake Region & Fryeburg Area Adult Education - by Director, Mike Emery**

At the end of September, we at Lake Region & Fryeburg Area Adult Ed celebrated Adult Education and Family Literacy Week, a national observance of the work that adult education does. We also note how many people could benefit from adult education. There are 261 million adults in the United States. Of those, over 1 in 10 lack digital literacy skills. About 43 million adults have low reading skills. Even 1 in 5 adults with a high school diploma or higher have low literacy. On top of all that, almost a quarter of our adult population doesn't have the math skills they need.

You might read these numbers and realize that this is you or someone you know. In fact, it's very likely that there are people reading these numbers who fall into one or more of these categories. One of the biggest barriers to adult education participation is the false idea that most adults have all the skills they need. In reality, we all interact with people daily who could benefit from adult education.

We're here for people who want to continue their education. If you or someone you know could use some help building their reading and writing skills, or their math or computer skills, give us a call. We also offer training to help people start new careers, including our upcoming CNA training beginning in January. If you're interested in becoming a CNA, attend one of our information sessions on October 25 and 26. No matter what kind of skills you're here to build, we can't wait to work with you!

(207) 627-4291  
 adulted@lakeregionschools.org

**Fryeburg Public Library by Maryann Eastman - 207-935-2731**

- Oct 1-9: Library will be closed (Fryeburg Fair Week). Staff will be conducting inventory. Items may be returned through drop slot at any time. Reopening on Tues Oct 10th.
- Oct 10: Create A Canvas Art Project begins. Pick up your 5 x5 inch canvas at the library, decorate it any way you like, return it to library by Oct 28th. Voting will be from Oct 30 - Nov 17th, with an Art Reception and Show on the 17th at 4 pm. You will be able to vote on Facebook, and in person at the library! Winners in 4 age categories will be awarded a prize. Age Categories are 3 to 7, 8 to 12, 13 to 18, and Adult.
- Oct 11: Book Group meets to discuss The Bear by Andrew Krivak.
- Oct 17: One Book One Valley book discussion of The Bear by Andrew Krivak 4 pm. We have several copies of the book so please join us for discussion.
- Oct 19: Luna Paranormal Ghost Hunt in The library! Tickets on sale now, limited to 10 participants. Only 350 tickets will be sold, drawing on Mon Oct 16th and winners notified that day. Tickets are 2 for \$5 or 5 for \$10 on sale now at Library.
- Oct 28: Crochet Club, beginner's welcome! 10 AM Weston Room
- Oct 28: last day to return your Create A Canvas to the library for voting!
- Oct 31: Happy Halloween!
- Nov 2: Thurs at the Majestic Theater in Conway 7pm, meet the author Andrew Krivak. This is the One Book One Valley Big Event!
- Nov 3: Fri at 5 pm ghost Hunt Reveal with Luna Paranormal. Stop by, witness evidence presented, learn about ghost hunting equipment, and get spooked!


**On-Going Events:**

- Story time: designed for ages 3-5, but older siblings are welcome to Tues at 4pm
- Crochet Club 10 am Weston Room 2nd and 4th Saturdays of each month.
- Adult Education Fridays 8 am to 3 pm HI-Set testing, GED, etc
- Walking Group Weds at 9am meet front steps/lobby for a jaunt around town
- Book Group meets on 2nd Wed of each month in Weston Room.
- Fryeburg Public Library, 515 Main Street, Fryeburg, ME 04037

**Hours:**  
 Mon, Wed, Thurs: 9am to 4pm - Tues, Fri: Noon to 6pm - Sat: 9am to Noon  
 Phone: 207-935-2731



**Community Concepts by Kelsey Miller**

 Digital Navigation Services - a new program to help Oxford County residents get online safely and effectively, providing free, one-on-one support to anyone interested in learning how to use all features of their internet devices; smart phones, tablets, laptops, desktop computers.

Digital Navigator Services also helps with: getting connected to the internet at home, internet safety and scams, creating and navigating online accounts to easily access information, purchasing a device that best fits your needs, creating and operating an email account, learning how to video chat with doctors, friends, and family, and more. Contact Ashley Lawrence at 207-333-6444 or email ACP@community-concepts.org.

You may also be eligible to save up to \$360 a year on internet bills with the FCC's Affordable Connectivity Program (ACP)? To learn more and see if you qualify to apply visit: www.GetInternet.gov. If you need assistance applying, contact our Digital Navigation team at the number or email above.

Learn more about all programs offered at CCFC, including other free services to help you reach your financial and housing goals, at www.ccfcmaine.org.

We look forward to hearing from you!  
 Community Concepts, Inc. is an equal opportunity provider and employer.

**Curt's Car Care**

Curtis Smith  
 414 West Fryeburg Rd, Fryeburg, ME

*-Servicing all makes and models  
 electrical & mechanical repairs-*

 **207-890-5446** 

**curtscarcare@hotmail.com**

**Bertglass Benefits - Bert Weiss**



62 Province Brook Rd, Chatham, NH 03813  
**603-986-5650**  
 bert@bertglassbenefits.com

*Helping you with the complexities of healthcare.  
 Specializing in Medicare Insurance, Health Insurance, Employee Benefits, Employer Self Insurance, Life Insurance, Long Term Care, Income Planning and Final Expense*

**HASTINGS LAW OFFICE, P.A.**

 Celebrating 175 Years

**376 Main Street  
 P.O. Box 290  
 Fryeburg, ME 04037**

**207-935-2061  
 www.hastings-law.com**

**479 Main St  
 Fryeburg**



**Dr. N. Scott Ferguson  
 OPTOMETRIST  
 935-3307**

**THE STOW CORNER STORE**

*"A Western Maine Destination"*  
 590 Stow Rd, Route 113 • Stow, ME

Take a scenic ride in the country.  
 Enjoy a great home cooked meal, snack or simply stop for an ice cream and relaxation!

**Open  
 for Breakfast, lunch, and dinner**

**(207) 697-2255**



TIRE SALES  
free mount/balance  
with purchase of 4 new tires  
BRAKE INSTALLATION  
EXHAUST INSTALLATION  
TRANNNY DRAIN/FILL  
OIL CHANGES  
COMPUTER DIAGNOSES  
VEHICLE INSPECTIONS  
FLUID FILM APPLICATION  
CAR DETAILING  
MANY OTHER SERVICES

**WENTWORTHS 925 AUTO INC**  
951 MAIN ST, LOVELL, ME 04051  
925autoinfo@gmail.com

 **Bliss & Associates, Inc.**  
Land Surveying • Site Evaluation  
Land Use Planning

E. Jonathan Bliss PO Box 113  
PLS# 1299 Lovell, ME 04051  
LSE# 225 blissinc@fairpoint.net

**207-925-1468**



**BURKE PAK - 3/4 LEDGE PAK  
SCREENED LOAM  
WASHED CRUSHED STONE  
STUMP GRINDINGS  
EROSION CONTROL MIX**

**WE DELIVER**



**603-356-5432**

www.burkequarry.com  
M-F 6:30am - 4:00pm  
Sat 6:30am - 12:00pm

### FRYEBURG RESCUE by Eric Meltzer

We've been preparing for another crowded Fryeburg Fair week. This year for the Fair we scheduled several overlapping shifts of full crews at our station around the clock as well as mutual aid agreements from surrounding agencies if things get busy. Our 3 ambulances are stocked and ready and Fair First Aid, staffed by Maine licensed EMS providers, is also prepared. During harness racing our unit 502 will be staged in the infield of the fairgrounds as per regulations and we will have a unit from United Ambulance standing by in our station as a spare in the event of multiple simultaneous calls.

In addition to the obvious increase in calls for service due to the influx of fair goers we continue to provide service for our 5-town coverage area and strive to be as responsive as possible despite the increase in traffic. We expect it to be busy so please be patient and stay safe.

### Fryeburg Water District by Nora Schwarz

The Fryeburg Water District invites the community to join them for their next public meeting which will be held at the American Legion Building on Bradley Street on Monday October 9, 2023 @ 6:00 pm. Please bring your questions and/or concerns, particularly those pertaining to the health and sustainability of our water, so we can discuss. Also, we encourage everyone to visit our website [www.fryeburgwaterdistrict.org](http://www.fryeburgwaterdistrict.org) and contact us there!

### Understanding Medicare by Bert Weiss • 603-986-5650

It's Medicare Annual Enrollment time for Medicare Advantage and Prescription Drug Plans, October 15th - December 7th. If you are not confused by Medicare, you aren't paying enough attention! There are numerous ways to sign up for Medicare plans, you can use medicare.gov, you can call a company and enroll, you can consult with a SHIP person, or use an agent who is licensed, appointed, and certified. None of those pathways has any cost to you, however the only one that can legally advise which plan is best for you is the licensed agent. There are many plan choices so a conversation with a licensed agent can go a long way in helping you figure it all out.

One typical path is a Medicare Supplement and Prescription Drug plan. Each state has different rules. Supplement cost can vary widely from company to company and prices can rise every year. Another pathway is called Medicare Advantage, which are always guaranteed issue, but you must use a qualified enrollment period to sign up. These plans have premiums that start as low as \$0 a month. Each plan is different, but some do cover dental, vision, hearing, gym membership, and over the counter drug store benefits. An agent can help you choose the best one for your needs.

Confused yet? I recommend you consult with a licensed, appointed, certified agent. We are highly trained to help you determine which path and which plan is the best fit for you, and what the rules are for signing up or changing.

I will be at a booth at Walmart in North Conway during both Annual Enrollment period Oct 15-Dec 7, and Open Enrollment Period Jan 1 - March 31, (during which you can make a single change to a Medicare Advantage Plan). Stop by and say hello. A benefit check will cost you nothing, and has no obligations attached. Hours will be posted at the booth.

 **FIELD  
ELECTRIC**

**Residential - Commercial  
Generators - Solar**

218 Lovell Rd (Rte 5), Fryeburg, 04037

**Office/Fax (207) 256-3048  
Generators (207) 256-3239**

### YOUR FOUR SEASON FARM STAND & GIFT SHOP



48 River St, Fryeburg • 935-2567

### Denmark Arts Center by Susan Beane ([www.denmarkarts.org/events/](http://www.denmarkarts.org/events/))

*All events are inside Denmark Arts Center, unless otherwise noted. Space is equipped with 2 HEPA air purifiers and fanned exhaust.*

- Sip n' Clay for Beginners – Workshop Series: Oct 3, 10, 17, 24 Tues 5:30-7:30pm
- Sip n' Clay for Advanced --Workshop Series: Oct 5, 12, 19, 26 Thurs 5:30-7:30pm Taught by Kathy Banks, a thirty five-year veteran of pottery instruction. Includes all materials: clay, glazes, two kiln firings, two tickets for in-house beverages. You will be working with high-fired stoneware clay, exploring forms, texture, clay bodies and hand-building. PICK-UP date is November 2, Thursday 5-6pm
- Luke Concannon - Oct 13 Fri 7pm  
An evening of original music you won't want to miss. Luke has early memories of falling asleep at Irish family parties to the sound of guitars, singing, and dancing. A folk singer songwriter with exquisite harmonies. The super star Ed Sheeran, who's last tour broke all records says, "Luke is one of my 3 main heroes."
- The Stacy Brothers RETURN - Oct 21, Sat 7pm  
If you missed them in 2021 then save the date. An evening with Butch, Jim and Rusty is an evening you will never forget ... all community ALL OF THE TIME and loads of laughter!
- Hiroya Tsukamoto - Oct 28, Sat 7pm  
Eclectic, immersive, and mesmerizing, guitarist and composer Hiroya Tsukamoto embodies the notion that music has no language. Beautifully raw and cathartically emotional, guitarist Tsukamoto is a world-renowned, self-made musician.

### SNEAK PEEKS

- Wreathmaking Workshop with Micki Warner - Nov 2, Thurs 6-8pm
- Peaceful Means with Heather Pierson & Leah Boyd - Nov 3, Fri 7pm
- Jolly Holiday Handmade Bazaar - Nov 11, Sat 10-3pm



### Joe's Intro to Photography Classes

teaching such skills as:

- What's the right camera for you
- Basics (*Be one with your camera*)
- Lighting Composition
- Photography Genres (*wildlife, landscape, stills, portraits*)
- Photography as a Business ... and more!

**TWO "2 Hour" CLASSES for \$80**  
(SPACE IS LIMITED TO ONLY TEN SO SIGN UP EARLY)

Bring your



Camera

**The New Church, 12 Oxford Street, Fryeburg, Maine**

Bring your



Camera

**Thursday Evenings, October 12th & 19th  
6pm - 8pm**

Sign up at [www.joeshawphotography.com/Home](http://www.joeshawphotography.com/Home) and click on "classes"  
or call Joe at 207 256-2150

### Eastern Slope Regional Airport by Eric Meltzer

We are excited to have White Mountain Valley Scenic Air Tours operating from the airport in Fryeburg. This is a new business operated by local pilot Michael Maciak, a highly experienced commercial pilot with over 50 years of experience. Michael has been flying in the area since he was 18 and piloting scenic flights in Waco biplanes for the late Wiley Apte at the White Mountain Airport, which used to be located in North Conway, NH where Settlers Green is now.

WMV Scenic Air Tours is fully approved by the FAA and the Cessna 172 you'll be riding in is one of the most popular, safest, and reliable general aviation aircraft flying. Flights are available year round. For more information go to [WMVscenicairtours.com](http://WMVscenicairtours.com)

### D's Pizza, Pasta, & Subs



113 Bridgton Rd,  
Route 302  
Fryeburg, ME

**207.935.4447**  
[www.dspizza.com](http://www.dspizza.com)

**Closed Mondays & Tuesdays**



**Complete Automotive Sales & Services**  
26 Portland Street • Fryeburg, ME 04037

Call or text: 207-321-1148  
Phone or fax: 207-256-8102  
[fryeburgmotors@gmail.com](mailto:fryeburgmotors@gmail.com)  
[www.fryeburgmotors.com](http://www.fryeburgmotors.com)

Poland Spring®  
100% Natural Spring Water  
from carefully selected springs in Maine



[www.PolandSpring.com](http://www.PolandSpring.com)



2599 E Main St  
Center Conway  
603-447-5442  
open daily 8-5



[mcnsy@roadrunner.com](mailto:mcnsy@roadrunner.com)  
[www.mcsherrynurseries.com](http://www.mcsherrynurseries.com)



**NICOLE FITZGERALD**  
REALTOR®

C. 781.308.3188  
O. 603.447.2117  
[Nicole@TheCBLife.com](mailto:Nicole@TheCBLife.com)  
[TheCBLife.com](http://TheCBLife.com)

"Nicole knows...Real Estate"



Each office independently owned & operated

