

Town Department Heads

State Senator:
Rick Bennett.....287-1505

State Representative:
Nate Wadsworth.....838-7451

Selectmen:
Richard Murray Kimberly Clarke
Tom Kingsbury Tom Klinepeter
Jim Tyrrell

Town Manager:
(treasurer & Tax Collector)
Katie Haley.....935-2805

Town Clerk:
Theresa Shaw.....935-2805

Public Works Director
(Highway & Transfer Station)
Lester France.....935-2772

Police Chief:.
Aaron Mick.....935-3323

Fire Chief:
Andrew Dufresne.....935-2615

Fryeburg Rescue:
Steve Goldsmith.....935-3024

Recreational Depart:
Rick Buzzell.....935-3933

Code Enforcement Officer:
Natalie A. Foret.....935-2805

Animal Control Officer:
Cindy Eaton.....890-5313

Eastern Slope Airport:
David Cullinan.....935-4711

Fryeburg Library:
Maryann Eastman.....935-2731

Fryeburg Business Association:
www.FindItInFryeburg.com

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Deadline is the 20th of each month

AUTO FACTS YOU OUGHT TO KNOW *By Eric Meltzer*

Pressure...
We all feel it but some things need it to function. Your car actually works best under pressure. Fuel pressure for the engine, oil pressure for lubrication, and air pressure for your tires is how your car rolls. The federal government feels that correct tire pressure is so important that in 2005 the National Highway Traffic Safety Administration (NHTSA), Department of Transportation (DOT) passed a “final rule establishing a new Federal motor vehicle safety standard (FMVSS) requiring installation of a tire pressure monitoring system (TPMS) capable of detecting when one or more of a vehicle's tires is significantly under-inflated.” This rule, phased into effect between September 1, 2005 and September 1, 2007, mandated the use of a suitable TPMS technology in all light motor vehicles (under 10,000 pounds), to help alert drivers of under-inflation events. The upside to this rule is that the driver of a TPMS equipped car always knows when an under-inflated tire is adversely effecting your car's performance and safety, while the downside is more government regulations, another system to maintain, and the resulting added expense. Some, like me, would say the trade off is inequitable but we're stuck with the rule so we have to comply.

Government and industry love to shorten names using acronyms and if your vehicle is equipped with a TPMS - MIL (Tire Pressure Monitoring System – Malfunction Indicator Light), you might be familiar with the symbol of a tire which illuminates in amber in the event of an under-inflated tire condition. Sensors inside the tire connected to the valve stem where you add air to your tire send a signal to a receiver in your car that illuminates the indicator. This indicator will illuminate when tire pressure drops below a threshold or there is a pressure differential between the tires. That pressure drop could be caused by many factors, from a puncture to an ambient temperature change and this time of year the latter is not uncommon. In fact, for every 10°F of ambient temperature change, tire pressures will change about 2%, or about 1 psi (Pounds per Square Inch). It's not uncommon to see a 40°F swing in temperature around here, which will result in about a 4 psi change in tire pressure. Adding air to a tire already warm from driving could also cause an issue since most TPMS sensors are calibrated to cold pressure. Volvo recommends adding 2 to 4 psi above the recommended cold tire pressure to compensate for this condition.

Some tire shops and new car dealers are using nitrogen instead of air to inflate tires. Nitrogen loses pressure at a slower rate than air so tire pressures remain more stable under fluctuating conditions. This has the added benefit of keeping the TPMS light extinguished reducing customer complaints and inquiries while providing the safety and efficiency of correctly inflated tires.

All this information begs the question, why is tire pressure so important? From an efficiency standpoint, an under-inflated tire creates additional rolling resistance and tires already account for approximately 5% of a vehicle's energy loss. An improperly inflated tire will also wear much more quickly and will wear excessively on the outer tread of an under-inflated tire while wearing the center tread of an over-inflated tire. Even more important is the safety factor. An under-inflated tire, with its increased rolling resistance, heats quickly and could compromise the tire's structural integrity. This condition also causes too much side wall softness, adversely affecting handling and can make the vehicle seem loose or “squirrely”. An over-inflated tire reduces pavement contact which could cause an early loss of grip when maneuvering, accelerating, or braking. Inclement weather just exacerbates these conditions.

Next time you wake up to a chilly morning, start the car and put on the defroster, and notice that funny looking tire light is shining that wasn't lit last night. It could be that the air in your tire just naturally lost some pressure. It could also mean something more so take a look at your tires but don't panic, it might just be a temperature change.

All of us at Fryeburg Motors wish you and yours the happiest and safest of holidays this year and we hope everyone looks toward 2023 with warmth and kindness to one another.



FRYEBURG TOWN MATTERS
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To download a copy of past or current Town Matters log onto www.FinditInFryeburg.com, Open “directory” and click on the Fryeburg Town Matters membership page

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Providing New Technology is Critical to Our Future - We NEED Broadband Infrastructure



Caption:
Senator Rick Bennett, recently spoke to the SAD 72 towns selectboards about the “generational opportunity” to secure funding for broadband infrastructure.

and reliable high-speed internet service so all locations can connect to education, health, information, and commerce online.

The ESRB is a coalition of the towns of Brownfield, Denmark, Fryeburg, Lovell, Sweden, Stow, and Stoneham working together to make sure the region is not “left behind” in the digital future.

More information is available at esrbroadband.com

Be sure to take the speed test of your internet service on the website.
**IF YOU DON'T HAVE INTERNET SERVICE AT YOUR LOCATION,
PLEASE CALL YOUR TOWN OFFICE TO BE PART OF THE COUNT FOR SERVICE NEEDED!**

At a meeting with selectboards, Senator Bennett was emphatic that many locations in our school district are at a disadvantage because of slow or unavailable internet connections. He noted that providing the new technology is critical to the future of the towns and their residents.

The SAD 72 towns will target March 2023 for an application for broadband grant funds. If successful, the grant dollars will support building broadband infrastructure to all the residents and businesses in the area.

The Eastern Slopes Regional Broadband committee is working on behalf of the selectboards to solicit bids from multiple providers and evaluate the options.

ESRB has found that only 20% of surveyed residents have satisfactory service. The goal of the project is to provide affordable

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Fryeburg Town Managers Report - by Katie Haley

I have a few various town related updates to provide people with as we near the end of the year.

First, I have some Transfer Station news and comments. As I have reported numerous times before, waste disposal is one of the Town's largest expenses. With that in mind, we try to make sure that we equitably and appropriately manage fees and disposal practices. We recently received news that the tire disposal fees have increased for the Town, and we will pass those increases along to the residents and business owners as we have always done. You will note that our Transfer Station fee schedule has been adjusted to represent this. To reiterate, the Town does not make money off this and charges only what we are charged to dispose of tires. A standard car tire increased from \$2 to \$3.

Also related to the Transfer Station, I want to remind people to pay close attention to what holiday related items are recyclable. Often times, mailers/padded envelopes are not recyclable. Tissue paper is not recyclable. If you have questions, please ask one of the Transfer Station attendants. When the Town has loads of single sort that it contaminated with non-recyclable materials, it leads to extra charges for us. Also, we don't mandate recycling but appreciate everyone's efforts to recycle; this is a cost savings tool for the town as well.

Onto a second topic; some businesses may have recently seen a letter from the Fryeburg Code Enforcement Officer distributed related to non-compliant signs. The letter noted that there has been an increase in the use of non-compliant business signs (banners and feather flags, for example). The hope is that these types of signs will be voluntarily removed before formal enforcement action needs to be taken. Please reach out to the CEO if you have specific questions about allowable signs.

Third, I am putting out an invite for residents to apply to serve on various town committees. Most notably, the Select Board is seeking members for the Municipal Complex Building Committee and the Budget Committee. There are also open positions on the Parks Open Space & Beautification Committee, the Bicycle Walkways & Trails Committee and the Economic & Community Development Committee. Applications can be found on the Town's website.

Lastly, I want to take this year-end opportunity to genuinely thank all of the town employees for their hard-work and dedication over the past-year.

I hope everyone has a very safe and happy holiday season!

Eastern Slope Regional Airport by Eric Meltzer

We've recently revised our minimum standards document for the Lease and Use of Property and Facilities at the Eastern Slope Regional Airport. These standards relate to leases, operating rights agreements, and activities on the airport, now and in the future. The goal is to promote aeronautical use of the airport, particularly commercial aeronautical use in a way that does not unreasonably burden businesses interested in doing business on the field while protecting and encouraging growth of the businesses already in operation.

The policy sets the standard for the development of the airport and ensures that only safe, legal uses of the property are permitted. We're hopeful that this update will encourage effective use of the facilities by aviation-related businesses thereby promoting self sustainability of the airport. This is a document the FAA recommends we have but it's been a while since it has been updated

Fryeburg Public Library by Maryann Eastman

Statistics for September 434 patrons utilizing our library, with 477 items circulated. We had 19 programs with attendees numbering at 76
Statistics for October to get caught up! October showed 417 patrons, circulating 380 items, with 13 programs and 36 attendees.

The Library has had a change of Director! Maryann Eastman, your new Library Director is looking forward to meeting all the patrons, and will be bringing some new programs and events after the turn of the year. Stop on by and say hello!



Jennifer Spofford has left for new adventures and we wish her all the best in her new endeavors. Her efforts and hard work over the past few years are greatly appreciated.

Events: On-going:
Saturday Story time 10 am Dec 3,10,17 and 31
Puzzle Group Mulford Room 1 pm Dec 7
Book Group Dec 14 at 10 am The Book Thief
Closed on Dec 24, 25,26 Christmas Holidays

New: Santa Claus is Coming to the Fryeburg Public library!! He will be in the area getting some work done on his sleigh and taking wish lists from area children. Santa will make two visits to our Library in December, with story time, and photo opportunities. Tuesday December 13 at 3 pm, and Friday December 16 at 3 pm. Bring your littles and listen to Santa read Christmas stories. Wear your happiest holiday sweaters!

Octavia Bishop coloring book event FOL Nov 15 was attended by a few patrons, and they had a great time coloring magical fantastical pages. If patrons express an interest, we would like to invite Octavia back on a monthly basis for adult coloring events. It is a wonderful way to relax and gain serenity. We will even provide the materials!

We are closed on Saturday, Dec 24th and Monday, Dec 26th for Christmas.

Call for Members for the Municipal Complex Building Committee

The Town of Fryeburg Select Board is seeking residents to volunteer to serve on the newly created Municipal Complex Building Committee. The general mission and assignment for this committee will be to plan for the design and ultimate construction of a new Municipal Complex to consist of a Town Office, Police Station and Fire Station. It is envisioned that this will consist of the creation of a Request for Proposal for design services, leading to a consultant selection process and evaluation of design options. Other probable tasks will include researching funding options and engaging the public for input.

The Building Committee will consist of the Town Manager, Police Chief, Fire Chief, 1 Select Board member, and 5 residents who will be chosen and appointed by the Select Board upon receipt of an application. The Select Board is seeking people with experience in building construction, site work, design/architecture, financing or any other relevant skills, along with any resident who has an interest in being involved in the planning.

If interested in serving, please fill out the required Membership Application which can be found at:
www.fryeburgmaine.org/home/pages/boards-committees-open-positions or email Katie Haley, Town Manager: townmanager@fryeburgmaine.org. Please return applications to the Town Office by December 2nd.

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Fryeburg is Rich With History and Notable People



Jonathan Eastman Johnson
(July 29, 1824 – April 5, 1906)

Johnathan Eastman Johnson was an American painter and co-founder of the Metropolitan Museum of Art, New York City, with his name inscribed at its entrance. He was best known for his genre paintings, paintings of scenes from everyday life, and his portraits both of everyday people and prominent Americans such as Abraham Lincoln, Nathaniel Hawthorne, Ralph Waldo Emerson, and Henry Wadsworth Longfellow. His later works often show the influence of the 17th-century Dutch masters, whom he studied in The Hague in the 1850s; he was known as The American Rembrandt in his day.


Young Johnson was born in Lovell, Maine, the eighth and last child of Philip Carrigan Johnson and Mary Kimball Chandler. He grew up in Fryeburg where the family lived at Pleasant Street.

Johnson's career as an artist began when his father apprenticed him in 1840 to a Boston lithographer. Later in 1844, the senior Johnson was appointed by US President James Polk as Chief Clerk in the Bureau of Construction, Equipment, and Repair of the Navy Department. The family moved to Washington, DC just a few blocks from the White House. Eastman was about age 20 at this time and supported himself while in Washington by making crayon portraits. Some of his subjects included John Quincy Adams, and Dolly Madison, likely due to his father's political connections. He returned to New England and settled in Boston in 1846 at the age of 22.

In 1849, Johnson went overseas to Germany, for further studies. He ended his European travels in 1855 to return to the United States due to the death of his mother. By 1859, Johnson had established a studio in New York City. He secured his reputation as an American artist that year with an exhibit at the National Academy of Design featuring his painting, Old Kentucky Home. His careful attention to light sources contributed to the realism and success. Later he became a member of the Union League Club of New York, which holds many of his paintings.

He married late in life at age 55, to Elizabeth Buckley and they had one daughter, Ethel born in 1870.

When Eastman died he was 81 years old. his body was buried at Green-Wood Cemetery in Brooklyn, New York.



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We are pleased to introduce this year's Christmas Eve Sleepover celebrity, Oliver! Seven-year-old Ollie is the son of our vet tech and has been an outstanding foster brother to hundreds of Harvest Hills animals over the years. He is a super celebrity to all of us and soon will be to you too!

We hope that you will find it in your heart to help our mission by donating to the only big fundraiser we can have this year. Donations can be made Via the GoFundMe, PayPal (on our site), check (send to 1389 Bridgton Road Fryeburg Maine 04037) or bring cash to the shelter. Thank you so much for your help!

Understanding Medicare by Bert Weiss • 603-986-5650

Medicare Annual Enrollment, for Medicare Advantage and Prescription Drug plans ends December 7th.

Everybody is abuzz about all the TV ads. They are barely legal. First, they tell you every benefit available only to people on Medicare and Medicaid. Then they say, "call and see if you qualify". You don't. Once they have you on the phone, they do their best to sign you up for a plan, without actually researching your personal needs. The amount of complaints from their clients is enormous. They seem to pick plans that are a poor fit.

My advice is to work with a local licensed agent. My approach is to look at your prescription list, doctor list, and special needs like dental, vision, and hearing. everybody has different needs, and a different financial outlook. Together we can determine which plan is your best fit.

Happy holidays to all and may we look to the coming year with peace and optimism for good things to come.

Lake Region & Fryeburg Area Adult Education by Michelle Gayne

We are currently underway with building our Winter/Spring 2023 catalog of offerings and need your help!

Do you or someone you know have a talent for cooking, crafting, music or art? We would love to talk with you about teaching for us and enriching the community! We are currently recruiting instructors for courses to add to our new catalog. Class topics can include more than just what was mentioned! Contact Micah at 207-647-5138 or micah.peterson@lakeregionschools.org for more information.



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As part of our mission to provide relevant and accessible education and training opportunities for the residents of the Lake Region & Fryeburg Area Adult Education communities, we also help people to achieve their high school credential (both diploma and diploma equivalency options) as well as opportunities for healthcare and workforce training opportunities. For instance, did you know that as part of an agreement with the Maine Community College System, you can take a free community college course? Contact us to learn more!

Whether you are interested in earning your high school credential, looking for a new career, or looking to start college courses, reach out to us. We offer a comprehensive and holistic approach to work and learning for everyone!

Visit our website at: <https://lakeregion-fryeburg.maineadulted.org/> and don't forget that we have a CNA course beginning January 7th!

We here at Lake Region & Fryeburg Area Adult Education wish everyone a safe and happy holiday season.

fryeburgwaterdistrict.org
fryeburgwaterdistrict@gmail.com



**FRYEBURG
WATER DISTRICT**

The Fryeburg Water District will hold its next public meeting at the American Legion Building on Bradley Street on Monday December 12, 2022 @ 6:00 pm.

All are invited to attend.

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