

## Town Department Heads

**State Senator:**  
 Jim Hamper..... 287-1505

**State Representative:**  
 Helen Rankin.....625-4620

**Selectmen:**  
 Paul Naughton.....935-4273  
 Rick Eastman.....542-6822  
 Jeff Cox.....576-9352

**Town Manager:**  
**(treasurer & Tax Collector)**  
 Sharon Jackson.....935-2805

**Town Clerk:**  
 Theresa Shaw.....935-2805

**Public Works Director**  
 (Highway & Transfer Station)  
 Richard Parmenter.....935-2772

**Acting Police Chief:**  
 Josh Potvin.....935-3323

**Fire Chief:**  
 Richard "Ozzie" Sheaff.....935-2615

**Fryeburg Rescue:**  
 Steve Goldsmith..... 935-3024

**Recreational Depart:**  
 Rick Buzzell.....935-3933

**Code Enforcement Officer:**  
 Katie Haley.....935-2805

**Animal Control Officer:**  
 Kathleen Hathaway.....935-3197

**Eastern Slope Airport:**  
 David Cullinan.....935-4440

**Fryeburg Library:**  
 Donnette Barnes.....935-2731

### COMMENTS , IDEAS & SUGGESTIONS

Email to:  
[donnawbe@gmail.com](mailto:donnawbe@gmail.com)

Mail to: Newsletter  
 13 West Fryeburg Road,  
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## First Annual Rev. Dr. George F. Dole Celebration 3 Mile Road Race

There will be a public presentation and talk about the 1954 Bannister Race by Rev. Dr. George F. Dole at the Fryeburg New Church Assembly (across from Haley Town Road) Friday, Aug. 8, 8:00 pm --

George will be showing film footage of the Bannister Race and describing his experience as a runner in that event. Participants will also be able to pick up their bibs or register at 7:00 PM before the talk.

The 3 mile Road Race to celebrate Rev. Dole will be on Saturday, Aug. 9, 8:00 AM Runners and Walkers are encouraged to attend. Sponsors are still needed so area businesses are encouraged to be involved.

The first fifty people to register will get a free performance t-shirt. The prize for the first overall finisher is a signed and framed photo of Roger Bannister's historic sub four minute mile. Fifth overall finisher wins a signed and framed photo by Fryeburg native George Dole (he came in fifth that day 60 years ago). All finishers will receive an official FNCA Sturdley.

More information and a link to online registration can be found at [www.dole3miler.com](http://www.dole3miler.com).  
 or  
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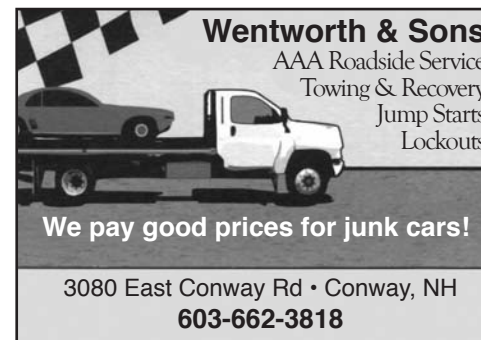
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# FRYEBURG TOWN MATTERS

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Due to the varied sources for information, Town Matters may be subject to errors from time to time. We apologize for any inconvenience this may cause and strive for accuracy in keeping the community aware and involved. Thank you for your understanding and feedback.

To download a copy of past or current Town Matters go to [www.fryeburgbusiness.com](http://www.fryeburgbusiness.com)

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## FRYEBURG BUSINESS ASSOCIATION TEAM UP WITH FRYEBURG POLICE DEPARTMENT



Acting Chief Potvin has some great ideas for the community, especially when it comes to working with the youth. Recently at a Bradley Park Concert he became painfully aware that kids often see the presence of an officer in uniform as a sign that trouble or danger lurks, when a young boy yelled out, "why is there a policeman here?" at the sight of Chief Potvin.

Chief Potvin and Business Association President, Donna Woodward, had shared conversations in the past about "community programs" and "public service awareness" building but this experience in the park lit a fire in Potvin to act on one particular idea - a reward ticketing campaign that would build a positive interaction between children, businesses, community, and the Fryeburg police. KIDZ TIX is a program designed to find children doing something right and rewarding them for it. The Fryeburg Police Officers will watch for children choosing safe behaviors like wearing a helmet, using a crosswalk, or wearing their seatbelt properly as well as recognizing children providing services to the community like assisting an elder, picking up litter, or participating in a community service.

The theory being that when you catch a child doing something right and reward them you are not only building a stronger, positive character within that child but also building a strong and respectful relationship within the community and with the public services.

"Collaboration with the Fryeburg Business Association has been critical in getting this project off the ground," states Chief Potvin. When members of the FBA heard about the idea they were excited to be a part of it and immediately started donating such things as ice cream coupons, flower coupons, discounts, and monetary donations for purchasing reward items from local establishments.



"My officers are excited to participate in this program and view KIDZ TIX as a great opportunity to reward children for exhibiting safe behavior," says Potvin. "FBA and FPD are still actively seeking donations to fund the KIDZ TIX program."

IF you do not have a product appropriate to donate please help by making a monetary donation. These donations will be used to purchase additional reward products from participating businesses and your name will be added to the marketing and positive PR program for Fryeburg as a valued participant.

Please email [FBA@FryeburgBusiness.com](mailto:FBA@FryeburgBusiness.com) and/or [chieffryepd@gmail.com](mailto:chieffryepd@gmail.com) if you would like to participate in any way. We also welcome your comments and suggestions on what you would like to see from your local services and Business Association that might better serve your community needs. Together we can do great things!



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### FRYEBURG TOWN MANAGER'S REPORT by Sharon Jackson

We are happy to introduce Kelly Waitko as the new Deputy Clerk at the Town Office. Kelley lives in Fryeburg with her family.

The Planning Board is a five member board. With the recent resignation of two members, we would like to fill both positions as soon as possible. If you are interested, you can come into the office and fill out an application or download the application from the town web site. The application can be found in the Employment Opportunities section on the left hand directory on the main page.

F.R. Carroll Paving Contractors have started the preliminary field work for the road construction on Maple, Hillside and Dana Streets. The work will include reclaiming, fine grading, installing culverts and paving. The project is scheduled to be complete August 29th without any rain delays. Please call the Town Manager if you live on these streets and have any questions.

The State MEDOT Route 302 paving project from the NH State line to River Street in Fryeburg is expected to begin the last week in July – first week in August pending rain delays. MEDOT signs have been put up getting ready for the project.

The State MEDOT Route 302 reconstruction project from the Stack Em Hill Road in Bridgton to the Stanley Hill Road in Fryeburg is in the preliminary stages. MEDOT has mailed "Letters and a Land Owners's Guide" to property owners to inform them about the proposed project and their rights as property owners as a result of the State acquiring a portion of their property. DOT representatives will contact property owners to discuss the impact and just compensation.

The Graustein Park tennis courts will be resurfaced the first week in August. The tennis courts will be closed from Monday July 28th through Sunday August 10th. We received a \$10,000 grant from the Stephen King Foundation and \$1,000 from the Mulford Fund.

New transfer station vehicle stickers will be available to purchase at the Town Office August 1st. The stickers will be blue for the period September 1, 2014 through August 31, 2015. The cost of the sticker is \$20 and all vehicles must have the blue sticker on their windshield in order to use the transfer station.

The deadline to avoid having liens placed on 2014 real estate taxes is August 4th. If you have any questions about balances owed, please call the Town Office for information. If you sold your property after April 1, 2013, make sure the new owner has paid the taxes for 2014 to avoid a lien being filed in your name because you owned the property.

The next holiday is Labor Day, Monday September 1st. The Town Office, Transfer Station and Library will be closed.

We are currently interviewing to fill an open police officer position. We expect to have the position filled within the next two weeks.

We hired a professional company to assist us with the Police Chief search. The Tideview Group has been assisting municipalities for several years with searching for law enforcement personnel. Job advertisements were sent out June 30th with a closing date of July 28th. We have a team of six on our interview committee and expect to offer the position mid-September.

We have had some technical problems with our TV recording equipment the last month, which has prevented us from taping several recorded meetings. We believe the problems have been corrected and hope to be back to showing the meetings on Sunday.

If you have any questions please call me at the Town Office.

### IMPORTANT ANNOUNCEMENT from FRYEBURG WATER DISTRICT

For the past nine years the Town of Fryeburg has been most helpful to the Fryeburg Water District by permitting its staff to distribute papers and absentee ballots from the town office, and to permit the District to hold its elections at the same time and location, as the town each year. This working relationship and assistance was very much appreciated and served the public and rate payers well. We would like to thank the municipality.

There was a considerable amount of confusion and misunderstanding by some attendees at the June election regarding the Town's connection to the District, and its responsibilities. The Town and The District are totally separate and there is, and never has been, any connection other than a friendly willingness on the part of the Town to assist the District.

Unfortunately, all the explanation in the world will never stop the confusion for some, so as a result the town feels the easiest solution is for the District to be totally separate in all ways from the Town.

Given that, the District has arranged for The Spice and Grain Store to act as their distribution center. The Nomination papers for the District will be available to be picked up at Spice and Grain after August 15th, completed papers must be returned to Spice and Grain by September 15th, and absentee ballots will be available at Spice and Grain after October first.

The election will take place on November 4th at the Fryeburg Rescue Building, separate from the Town, State, and Federal elections which will continue to be held at the Legion Hall.

We are most grateful for the past assistance given by the town- and appreciate the generosity of Spice and Grain owners for their willingness to assist the District with the pre-election details.

For more information please contact Jimmy Oliver at 207-935-3233, Clerk for the Fryeburg Water District.



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### GET INVOLVED WITH HABITAT for HUMANITY!



The Home Owners Association in Hale Estates provided community service to Habitat For Humanity through their volunteer efforts. On July 17 eight volunteers, under the supervision of Habitat personnel, all performed a variety of construction tasks. At the end of the day, it was deemed a wonderful experience

and not only do they plan to do it again but they encourage other organizations to get involved and volunteer some hours to Habitat for Humanity which services the Greater Mount Washington Valley which includes several towns in NH and Maine. If you would like more information on how you and your group can participate on a build project contact Dick Ficke at rficke@earthlink.net



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**AUTO facts you OUGHTA know by Fryeburg Motors**

Summer time seems to be a popular time to shop for that first car. Newly licensed kids are home from school and transportation, especially in rural areas, is a necessity to maintain gainful employment or be active in seasonal activities.

What is a good first car and how much will it cost? There is no one answer. In my opinion, there are no safe inspectable vehicles out there for less than \$1000 unless maybe you can buy something from a family member or friend. Plan on spending at least \$3000 for anything you'll feel safe turning your kids loose in.

Before we delve into what makes a good choice for a first car, let's first discuss why this choice is important; safety is the number one reason. According to the Center for Disease Control (don't ask me why the CDC tracks these statistics but here you go), "The risk of motor vehicle crashes is higher among 16- to 19-year-olds than among any other age group. Those at especially high risk are males, teens driving with teen passengers, and newly licensed teens." In addition to driver behavioral modifications, a safe vehicle can add immeasurably to accident survivability.

Safety features, more than size or manufacturer, are a good place to focus. There are a lot of opinions regarding drive systems so do your homework on all wheel, four wheel, front wheel, and rear wheel pros and cons. I've said many times before, define the mission before choosing the vehicle.

Other important traits like how the center of gravity might affect handling should be considered. Maybe a short wheel base, high center vehicle like a small SUV isn't the best choice for an inexperienced driver. A high horsepower car might be too much, especially in slippery conditions. Even a new car, while generally reliable, might not be the best value when accident statistics are considered. An automatic transmission is less distracting than a manual transmission. Overall physical size might be less intimidating and more maneuverable if it's smaller than say, a full size SUV. This is all just some food for thought. Most parents know their kids strengths and are in a better position to advise or help them choose.

**Harvest Hill Animal Shelter News**

Harvest Hills started the summer out with our first 5K on July 20th. We had lots of participants and great sponsors. A few of the shelter staff and volunteers were in the 'race', and brought a couple of the shelter dogs to show off to the public. A great time was had by all!



The Shelter has two more fundraisers coming up in August and September- an E-Waste Day in Bridgton on August 9th (bring your electronics that you want to dispose of (ANYTHING that plugs in) and the shelter gets money for the scrap metal from the company that takes the trash.) and our Annual Golf Tournament on September 13th (rain date September 14th) at Bridgton Highlands. If you are interested in playing or sponsoring our golf tournament, please contact the shelter at 207-935-4358.

As always we have many great cats, kittens and dogs looking for their fur-ever homes. Stop by and meet them, you never know when you'll find your best friend!! Stop and shop at our thrift store, located next to the shelter, or one of our Harry Barker Emporiums in Bridgton, ME. Both Harry Barkers and 9 Lives help support the shelter by selling items donated to us. 9 Lives is actually our biggest year round fundraiser. You can also donate or volunteer your time to either 9 Lives or the shelter. Every little bit helps!!

**FRYEBURG RESCUE by Eric Meltzer**

Our new unit 502 is in service and has proven a worthy addition to our fleet. The new ambulance is manufactured by AEV and is a TraumaHawk model based on a Chevy diesel chassis. It's a departure from our current PL Customs/Ford units but after much research and debate, we determined that this manufacturer offered the best value for our particular needs. The color scheme and graphics remain the same as our current units so there will be no mistaking that it belongs to Fryeburg Rescue. Thanks in part to generous contributions from our community we are able to act on our ongoing program to incorporate the latest technology and have the most reliable equipment to serve our community. Our former unit 502 has been purchased by a neighboring service to serve as a backup unit.

It's been a busy summer around here in general and on the river in particular. It's common to have multiple rescue calls each weekend on the busy Saco covering medical and trauma issues. We're fortunate to have dedicated members willing to help at all hours but we are especially appreciative of the Fryeburg Police Department



who generously helped with manpower and equipment facilitating the quickest possible response. We would also like to thank Elbridge Russell of Saco Valley Canoe rental for his help and assistance, cutting our response time dramatically in reaching a camper on the river in distress. Stay safe everyone!

Members of Fryeburg Rescue are continually reaching out to our community through CPR and First Aid certification classes. If you're interested in hosting a class or becoming certified please contact us at the station. You can make a difference.

Join us on Thursday, August 14th from 5:00 pm - 7:30 pm at the Fryeburg Fair Grounds in the Craft Barn for a pig roast and chicken barbecue. This is a community event and all are invited to attend. \*\$8 for adults, \$4 for children under 12. \*All proceeds and donations will be used towards the purchase new equipment and to help defray the cost of our new ambulance

**Fryeburg New Church Happenings for August**

**Fryeburg Maine Street Festival Arts & Crafts Fair**

Please join The Fryeburg New Church on Saturday, August 23rd from 9:00AM to 3:00PM in Bradley Park (Rain Location: Fryeburg Fair Craft Pavilion) for the annual Maine Street Festival Arts & Crafts Fair. There will be wonderful homemade crafts and baked goods for sale. Plus we will have live music, hot dogs, popcorn, and lemonade to enjoy.

Want to participate as a vendor?? Please contact Jen Richardson, Craft Fair Chairperson, at 935-4509 for a vendor application, guidelines, and registration form. Applications will be accepted until spaces are full.

**Fryeburg New Church Annual Community Yard Sale**

We also will be having our annual yard sale for the Church located at 12 Oxford Street from 9AM to 2PM. Last year there was a large array of items and we expect even more this year! If you have items you would like to donate, please contact Jen Richardson at 935-4509.




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### Parade Season

"I love a parade, the tramping of feet, I love every beat I hear of a drum" go the lyrics of a song from the musical Manhattan Parade, released in 1931. July in Maine is parade season and as someone running for office, parades are a must and I have come to the realization that; I love a parade!

We marched in five parades this year and if it wasn't for rain on July Fourth, the count would have been six. I have come to think of a parade as a river flowing down your town's Main Street. The pace is set by those in front and you move with the current. Anyone who has paddled the Saco River understands this. Sometimes narrow and fast paced and in some it is wide and slow. Each town parade has its own pace and character.

The process begins with the "line up" at a designated location where parking is always a premium. Then to find the Parade Director (the person with a clipboard) and get yourself and vehicles in the line up order. At this point it is "hurry-up and wait", do your preparations for distribution of parade supplies, a.k.a. candy, and wait for your other volunteers to arrive. This a good time to talk to other parade participants and practice your candy throwing arm.

The appointed time arrives and there may be a siren sounded indicating the start and everyone watches in anticipation of movement in the line ahead. Engines are started and music begins to be played from many different vehicles. The spectacle begins as you make the corner and enter the parade route. Time to smile, wave and the distribution begins always with the question in the back of your mind; "did I bring enough?" Smile and wave, throw candy and pass out flags. I love a parade!

Each parade has its own character. While marching in an agricultural fair parade, I was handing out candy and not looking where I was walking. I stepped into some very fresh road apples left on the street by the ponies, and I spent the next hundred yards dragging my right foot to clean my shoe. I love a parade!

We had planned on participating in three parades on the Fourth of July but rain got in the way. One cancelled, one postponed until the fifth of July, but the Bridgton parade went as scheduled at noon. Line up in the rain, march under the clouds and finish in the rain. So we planned on six and got in five. I love a parade!

**August 10 – 16 is National Health Center Week**, and it's a good chance to explain what a community health center is. White Mountain Community Health Center in Conway Village is Fryeburg's closest health center, only fifteen minutes away.

Community health centers are non-profit health care providers that anyone can go to for care, regardless of insurance status or ability to pay. Health centers offer safety-nets for people who otherwise could not afford care. Not only do they offer a sliding fee scale but WMCHC also has seven different funds available to help patients in need, such as diabetes supplies or transportation to far-away specialists. Many people who have health insurance go to community health centers for the other benefits they offer such as nutrition counseling, mental health counseling, food pantry, smoking cessation, dental services, pre-natal care, teen clinic, and social workers to help families access services they need. Community health centers also focus on prevention and education, including doing community education and outreach.

This past year community health centers have played a critical role in helping people navigate Affordable Care Act programs to enroll in health insurance, many for the first time. They also did outreach with information and answers to questions. WMCHC will continue to offer this service as we approach the start of the next open enrollment period on November 15. Look right here for updates as we get closer!

### Business Growth on the Rise in Fryeburg

Over the years Fryeburg residents have seen a steady rise in their taxes as the cost to fund all the needs in Fryeburg grew and the state funding as well as business tax dollars shrank. It's never been easy for businesses in Maine and Fryeburg certainly lost their fair share. More and more people are realizing that business growth in Fryeburg is probably the only answer to our desperate need for tax relief. You can only make so many cuts to the budget, which is another area we need to focus. Spending as usual can no longer be the norm. We have to learn how to do more with what we have and demand that our municipality be transparent with the budget and spending. These are our dollars people so get involved and be part of the solution. We need to work together not fight each other if we want to dig our way out.

Fryeburg Business Association has been focused on the tax relief needs for the past three years and are pleased to see the progress and growth in their community. If you look around you see many new businesses like Two Black Dogs, Top of the Ninth, Bliss Bakery, Bea's Market Place, two new thrift shops, Fryeburg Craft Store, and soon to be, a wonderful art studio and class center. Fryeburg store fronts are alive and active again and people are feeling hopeful again. A healthy business climate means a healthy community.

Shops and small stores are great but the real tax help comes from industry and it is exciting that Hunting is expanding their plant and adding jobs. They currently employ about 250 and will be adding up to 60 new jobs. This growth creates both tax dollars and great jobs and we need so much more of this type of business in Fryeburg. Change is hard for some people and we do need to be selective and careful as we build but needs and growth will always continue and we have to find a balance and Fryeburg does that well.

The Osher Lifelong Learning Institute (OLLI) at Granite State College in Conway is offering 21 classes this fall. Plan to attend the kick-off event at GSC on Tuesday, Aug. 12th at 4:00 pm and pick up an advance copy of the Fall 2014 course catalog. Learn about the classes being offered, meet the presenters and enjoy refreshments. Join OLLI friends, new and old, in celebrating 10 years of "Learning for the Fun of It!" For more information, see: olli.granite.edu or call 603-513-1377

### Dippity Dog Tips For Your Dog by Kelly Willard

Splash splash...summer time fun in the lake makes for one happy puppy... now however, you are faced with a happy BUT wet dog. I have some tips to prevent skin irritation and matting, especially with the longer coated dogs which I see a lot more of coming in the shop for grooming and care. Dogs, like the Golden Retrievers, love to swim and they take forever to dry. When wet they like to roll around in the dirt. Their fur becomes matted and the wet matted fur becomes a stinky hot spot for skin irritation. I suggest that after your dog has gone for a swim to first hose them off to remove the lake water and possible bacteria. Next, towel them dry as best as you can and brush them to alleviate some matting and separate the hair for faster drying. Now not only is your pup happy from swimming but you'll be happy to.

**Here's a Summer fun recipe for your furry friends:** dog ice cream....  
3 ripe bananas, 32oz plain yogurt, 1 cup peanut butter - blend together, pour into ice cube trays, freeze, and you'll have a cool treat for you pup...

Don't forget to like dippity dog grooming on Facebook and don't hesitate to call if you have any questions. 207 256 8108



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