

Town Department Heads

State Senator:
Jim Hamper..... 287-1505

State Representative:
Nat Wadsworth.....838-7451

Selectmen:
Paul Naughton.....935-4273
Rick Eastman.....542-6822
Jeff Cox.....576-9352

Town Manager:
(treasurer & Tax Collector)
Sharon Jackson.....935-2805

Town Clerk:
Theresa Shaw.....935-2805

Public Works Director
(Highway & Transfer Station)
Sharon Jackson.....935-2805

Police Chief:
Josh Potvin.....935-3323

Fire Chief:
Richard "Ozzie" Sheaff.....935-2615

Fryeburg Rescue:
Steve Goldsmith..... 935-3024

Recreational Depart:
Rick Buzzell.....935-3933

Code Enforcement Officer:
Katie Haley.....935-2805

Animal Control Officer:
Kathleen Hathaway.....935-3197

Eastern Slope Airport:
David Cullinan.....935-4440

Fryeburg Library:
Donnette Barnes.....935-2731

COMMENTS, IDEAS & SUGGESTIONS

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Home not selling?

That could happen for a number of reasons you can't control, like a unique home layout or having one of the few homes in the neighborhood without a garage. There is one factor you can control: your home price.

These six signs may be telling you it's time to lower your price.

1. You're drawing few lookers.

You get the most interest in your home right after you put it on the market because buyers want to catch a great new home before anybody else takes it. If your real estate agent reports there have been fewer buyers calling about and asking to tour your home than there have been for other homes in your area, that may be a sign buyers think it's overpriced and are waiting for the price to fall before viewing it.

2. You're drawing lots of lookers but have no offers.

If you've had 30 sets of potential buyers come through your home and not a single one has made an offer, something is off. What are other agents telling your agent about your home? An overly high price may be discouraging buyers from making an offer.

3. Your home's been on the market longer than similar homes.

Ask your real estate agent about the average number of days it takes to sell a home in your market. If the answer is 30 and you're pushing 45, your price may be affecting buyer interest. When a home sits on the market, buyers can begin to wonder if there's something wrong with it, which can delay a sale even further. At least consider lowering your asking price.

4. You have a deadline.

If you've got to sell soon because of a job transfer or you've already purchased another home, it may be necessary to generate buyer interest by dropping your price so your home is a little lower priced than comparable homes in your area. Remember: It's not how much money you need that determines the sale price of your home, it's how much money a buyer is willing to spend.

5. You can't make upgrades.

Maybe you're plum out of cash and don't have the funds to put fresh paint on the walls, clean the carpets, and add curb appeal. But the feedback your agent is reporting from buyers is that your home isn't as well-appointed as similarly priced homes. When your home has been on the market longer than comparable homes in better condition, it's time to accept that buyers expect to pay less for a home that doesn't show as well as others.

6. The competition has changed.

If weeks go by with no offers, continue to check out the competition. What have comparable homes sold for and what's still on the market? What new listings have been added since you listed your home for sale? If comparable home sales or new listings show your price is too steep, consider a price reduction. Ask your REALTOR for an updated CMA (Comparative Market Analysis) so that you can see where you stand in relation to other homes on the market and other homes that have sold recently in your neighborhood.



FRYEBURG TOWN MATTERS

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Due to the varied sources for information, Town Matters may be subject to errors from time to time. We apologize for any inconvenience this may cause and strive for accuracy in keeping the community aware and involved. Thank you for your understanding and feedback.

To download a copy of past or current Town Matters go to www.fryeburgbusiness.com

Vol 12 • Issue 9 • Editor: Donna Woodward - 207-441-8170 - donnawbe@gmail.com • Jan 2015

MAKE YOUR NEW YEAR A SAFE AND HAPPY ONE!

Did you know that sixty percent of fire deaths in Maine are a result of homes without fire detectors? As we start a new year let's all be pro-active and safe in our homes. There is nothing more devastating than losing everything, including our lives, to a house fire. The Maine legislature together with the Maine Red Cross and State Fire Marshal's Office are working to build a stronger awareness in all communities throughout the state so we can all work together to keep ourselves and our families safe.



The Maine Red Cross, State Fire Marshal's Office and local fire departments will be working to provide smoke detectors to those who do not have them in their homes, in an effort to get detectors into every home. The risk of dying in a home fire more than doubles in homes without fire detectors and that is what motivated State Fire Marshal, Joe Thomas. He has currently been successful in securing 1000 detectors for Mainers at no cost, jump starting this safety program! Ongoing donations of smoke detectors and supplies are being worked out with the American Red Cross and Kidde smoke detector manufacturer. Training programs are in the works for volunteers to go door to door throughout communities with their local fire department personnel to assure that homes are safe and families get the help they need, whether it be testing for safety of their current detectors, supplying detectors where needed, and even installation assistance.

We all can, and should, do our part to prevent such heartbreaking disasters in our communities and neighborhoods, especially with the cold winter season in full swing. Make it a New Year's resolution to check your batteries and make sure your homes and families are safe. Check on your elder family members and neighbors and make sure they are safe as well. Remind family and friends to do the same and stop by your local fire station or town office and see what plans they may have to assure better public safety practices. Volunteer to help if there is an opportunity. It's great that the Red Cross and state organizations are taking action however every community must be advocates for themselves as well.

If you would like to know more about this program, become involved as a volunteer or activist, or make a donation to help supply detectors to families and homes in need - you can call the State Fire Marshal's office at 626-3870 or the Portland Chapter of the Red Cross at 874-1192. If you would like to help your local community than be sure to speak with your fire chief or town manager.

Make this year the year of helping others. When you reach out and give of yourself for the sheer pleasure of helping someone else it can be the most rewarding joy you can give to yourself as well. Even the smallest of kind gestures can be the greatest pleasures to someone else. Look for ways you can be a positive energy in the world and enjoy the rewards of your humanity and goodwill. May you live, love, and be happy in your new year. May all things that you need find their way to you and may you have an abundance to share with those who may be less fortunate. Make this the year of kindness and caring for others. God Bless and Happy New Year to all!

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**** ME Sunday Telegram 2010

Driving Tips and Vehicle Features for Winter Driving *by Eric Meltzer*

Most importantly - slow down when the weather causes slippery driving no matter how capable you and your vehicle may be! Just because the temperature outside is above freezing doesn't mean the road surface is. That drizzle or rain on your windshield may quickly turn to ice upon contact with the road. Black ice is the most insidious and aptly named as it appears as the color of the pavement. It's generally a thin layer and difficult to see but you'll know it when you're on it! Speed is not your friend on ice so slow down and beware.

What can you do to get an edge on winter driving? Good tires are your best defense, especially studded snow tires. The traction that these tires provide is amongst the best available. If your vehicle is all wheel drive, all 4 tires must match to prevent damage to the system and provide the optimal benefit. It may seem logical to put snow tires just on the front of a front wheel drive vehicle but under braking the back end can lose traction. Rear wheel drive vehicles may have issues with steering if snow tires are only mounted on the back.

We've all seen cars and trucks driving down the road covered with snow or with frozen over windshields. The hazard of this is obvious to both the driver, other vehicles, and pedestrians. Take a few extra minutes to clean off your car. Brush off the snow, scrape off the ice, warm up and defrost your car.

Defrosters work best when run through the A/C system. When you turn your controls to defrost, the A/C system (if equipped) generally activates removing moisture from the air and clearing the inside of your windshield more effectively. You can run the A/C with the thermostat turned up to warm air without harm. Choose recirculate to warm the air in your car quickly. As the name implies, this setting recirculates interior air thereby warming pre warmed air.

The last and final choice in safe winter driving is not to drive at all. Sometimes it's best to know your limitations and leave the roads free for the plows and emergency vehicles. If you must absolutely go out in bad weather, take it slowly and carefully. Leave yourself plenty of time and follow at a safe distance.

Absolutely no texting or talking on the phone, hang up and drive! And please, everyone have a safe and happy New Year!

Local Business Gives Back to the Community in Many Ways

Fryeburg Subway had its one year anniversary on November 20th 2014. We saw many changes and had many firsts. During our first summer we logged the busiest weekend over all the subways in the New England region.

Fryeburg Subway has been, and will continue to be, a positive member of the community. We enjoy giving back to the residents and businesses through donations and volunteerism. Donations to the students at Molly Ockett Middle School for their dances is one of our favorites, along with Tina Titzers School of dance, C.A. Snow School and Jen's Friends cancer fund. We have participated in several fundraisers and organization in the community this year as well and are grateful to be included. Our employees do their part as well by donating all their tips to a non-profit of their choice. This year they put their money toward families in need of help for the Christmas season and will donate all their tips in 2015 to the Giving Tree.

As we look toward 2015 we will be working with Saco Valley Television by sponsoring their televised bowling program at the Saco Valley Sports Center.

Fryeburg Subway wants to thank all our supporters and customers for their kindness as we worked through our growing pains. We are very pleased to be in a community that has a strong business association supporting and helping new and established businesses thrive and succeed. We will continue to make customer service our number one priority moving through the 2015 season.

Please stop in, say hello and get a sandwich and some friendly service from the friendly Fryeburg Subway Staff

(Sherri Seavey / Manager, Desiree Thompson, Alicia Richardson, Alexa Maddocks, Tyler Houle, Nicholle Robbins, and of course Peter!)

ALL WISHING YOU A VERY HAPPY NEW YEAR!

As a result of a stakeholders roundtable discussion held in Fryeburg on October 20th the Board of Directors of the River Valley Healthy Communities Coalition met recently and set the following goals for our community. Some of the voices around the table included: Town Mgr - Sharon Jackson, FBA - Donna Woodward, Miranda Leavitt Diabetes - Brenda Leavitt, Police Chief - Josh Potvin, SRRC - Michelle Broyer, and SAD 72 - Jay Robinson

- To support Community Dental in helping them increase their patient rate by 30% in 2 years
- To educate youth about the health effects of chew, snuff, dip and reduce high school use by 5% in 2 years
- To educate the community on the harmful effects of Marijuana and increase youth perception of harm by 15% in two years
- To increase access of healthy foods and reduce the Adult Obesity Rate in Oxford County by 10% in 2 years.
- To provide ongoing SNAP programming to HeadStart and K-3 Schools in Fryeburg area by 2016

If you would like to know more about the RVHCC, (a non-profit organization created by local community members working to make a positive difference in the health and well-being of our communities in the River Valley region) please reach out to Executive Director, Patricia Duguay at 207-364-7408 or email her at rvhccdugay@gwi.net. More information can also be found on their website at www.rvhcc.org



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HOW CAN YOU HELP

If you are an adult with health insurance and love dogs consider becoming a dog walker. There are some great dogs that need some extra exercise and the property has some wonderful trails that the dogs love! They also always need help cleaning in the morning, socializing the dogs and cats, and helping out at the 9 Lives Thrift Shop.

If you can't come in and help, consider donating to shelter or thrift store. If you can't adopt - foster...

If you can't foster - sponsor...

If you can't sponsor - volunteer...

If you can't volunteer - donate...

If you can't donate - educate, network, and cross post...

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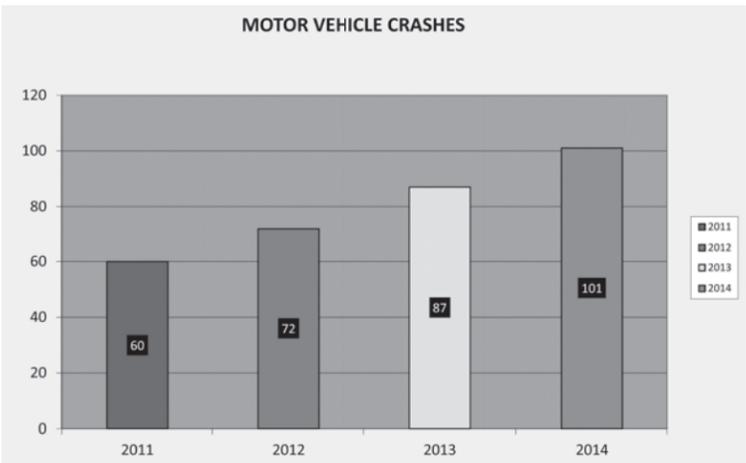
Fryeburg police Department by Chief Potvin



On behalf of the members of the Fryeburg Police Department, Happy New Year! 2014 was the year of change for the Fryeburg Police Department. Striving to improve the quality of service we provide to our citizens we have had several operational and personnel changes. We will be continuing our Kidz-Tix program again this year and building on our positive interactions with the youth. Feel free to let me know how we are doing and what improvements you would like to see us make in 2015.

Traffic crashes have been on the rise for the past few years and 2014 was no exception. Distracted driving and speed seem to be the leading causes. Your officers will be aggressively enforcing traffic laws in an attempt to make traveling safer in 2015.

MOTOR VEHICLE CRASHES



Year	Crashes
2011	60
2012	72
2013	87
2014	101

Dippity Dog Tips For Your Dog by Kelly Willard Call 207-256-8108

A Year in review:....I cant believe it's the end of the year already. Hopefully 2015 will bring health and happiness to all.

Over the past year we have discussed many topics and I hope they were helpful to everyone. This year if any one has a topic that they would like to see printed you can get in touch with me at the shop 207-256-8108 or contact me via facebook at Dippity Dog.

Now to recap on a couple things:

- remember just because its cold outside does not mean you can stop treating your pet for fleas..Its easier to treat once a month then having to go threw the cycle of killing them in your house and on your pet.
- I also want to touch base on the article I did about anal glands as I think there was some confusion about who should have them done and when. My motto is "if it ain't broke don't fix it". Not every dog needs to have thier glands expressed. If they are not having a problem than leave them alone as they are probably expressing them themselves.
- It is important to keep your dogs nails trimmed up. Winter weather makes it difficult to get out and walk the dog on pavement so give me a call and I will be more than happy to do them for you.
- Winter weather can cause your dog to have dry, flaky skin so remember to get some oil in their food to help them avoid discomfort and itching.
- Be sure to keep plenty of fresh water available for your dog and avoid excessive exposure to the winter elements.

I hope everyone had a safe holiday and If you have any questions just give me a ring...

FRYEBURG RESCUE by Eric Meltzer

We hope everyone had a safe and happy holiday season! Winter is just getting under way, please drive safely, be sure smoke and carbon monoxide detectors are installed and working correctly, and check on your neighbors. Please try to keep driveways and walkways clear so that help can reach you as quickly as possible in the event of an emergency.

Phil and Eric recently taught and certified 20 members of Fryeburg Fire and Fryeburg Police in CPR & AED skills. It was an excellent turn out and we thank Fryeburg Fire for hosting this important training.

The Kane Schools is offering an Emergency Medical Technician course at Fryeburg Rescue with classes starting Jan. 21 and ending on May 13, 2015. This 160-plus hour course is open to anyone 18 years of age or older, there are no previous training requirements. Lead instructor Bill Kane is an excellent and experienced Advanced EMT and long time EMS instructor and we're fortunate to have him as a member of our squad.

Fryeburg Town Office by Sharon Jackson, Town Manager

I'd like to take this opportunity to wish all the citizens of Fryeburg a Happy New Year.

Jacob Young, along with Scouts from Troop 99, recently completed an Eagle Scout Project at the Battleground Monument on Lovewell Pond Road. The Scouts cleaned the Monument of Lovewell's Fight, installed a new fence with signs and put up a flag pole and flag. They prepped the area with loam and plan to return next year to finish seeding. It's worth a drive to Lovewell Pond Road to see the fantastic job they did.

Dog licenses expired December 31st. Dog owners will be able to license their dogs until January 31st without having to pay a \$25 fee. A current rabies certificate and paperwork showing your dog has been spayed or neutered is needed.

The Town Office, Library, Transfer Station and Highway Department will be closed Martin Luther King, Jr. Day, Monday January 19th.

Foreclosure Notices for unpaid 2013 property taxes will be mailed January 7th with an automatic foreclosure date of February 13th unless the taxes have been paid.

The next Selectmen's meetings are scheduled for January 8 and 22; February 5 and 19; March 12 and 26.

We are looking for interested Fryeburg residents to serve on an Economic Development Committee. If you are interested, please call me or stop by the office.

If you have any questions or concerns, please call me at the Town Office or stop in to talk with me.

Route 113 Corridor Committee 10th Anniversary Meeting
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Hallways

When I first started in the Legislature some ten years ago, it was unusual to see anyone in the hallway concentrating on a handheld electronic device. It was a Blackberry then and they were rare. Only a few of the lobbyists had them and as such, you could still engage in brief conversation with the others who were passing through.

Times have certainly changed and so has the power and lure of the cell phone/ computer/ camera that we hold in our hand but with that I fear we are losing some of the art of conversation. A quick text is one thing but face to face communication is another.

So many times we get wrapped up in our own little world and not notice that which is happening right around us. I have learned to be mindful of visitors in the State House, and many times they are easy to identify. The first time visitor is usually looking lost or looking at things that most who are very familiar with the building do not notice any longer. These are the people I try to give a few minutes, and the rewards are the interaction with new people.

I have met couples, families and individuals from all over the United States and several from other countries, just by being observant. Yes, every year I host twenty or so AFS foreign exchange students and guide them though what happens in Augusta, but there are many other opportunities available for a private tour for someone I just met.

The State House is the people's house, it is open to the public. Yes you have to go through security to enter but that is all. The House and Senate sessions are public, the Committee hearings are public and anyone can attend. I have found that there is a perception that the general public is not allowed in the building and this is not the case at all. Once I gave a private tour to a friend who thought he would not be allowed into the building, public hearings are just that; public. Attend in person, sit in the room or listen on-line, we are open to the public.

One final thought; a few years ago when the AFS students were visiting, I was descending the wide marble staircase from the third floor. With me was a Philippine teenage girl. As we descended the stairs, the Hall of Flags laid out before us, she stopped halfway down, turned to me and said, "I feel like a princess, coming down into her ballroom." I will always remember her wonder of that moment.

As we begin a new year I want to wish you all the very best that 2015 has to offer you and your families and take this opportunity to say thank you for the honor of being your State Senator and voice in Augusta.

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District 70 Rep Nathan Wadsworth
P. O. Box 321, Cornish, ME 04020
207-838-7451 Nathan.Wadsworth@legislature.maine.gov



My name is Nathan Wadsworth and I am pleased to introduce myself as your new State Representative for Fryeburg and the surrounding towns of Southern Oxford County. It is a privilege to represent the people of Fryeburg in Augusta.

This column is usually reserved for what is happening at the State House but since our session is in its infancy I thought I would take this opportunity to introduce myself and my heritage.

I reside in Hiram— a town that was founded by my fifth great grandfather, Gen. Peleg Wadsworth. He received much of modern day Hiram as a gift after fighting in the Revolutionary War. He was even in a battle fighting alongside Paul Revere in mid-coast Maine.

I graduated from Sacopee Valley High School in 1998 and earned my Bachelor of Science in Economics from Montana State University in Bozeman, MT. I moved back to Hiram in 2004 to start working beside my father in his consulting forestry company, Wadsworth Woodlands, Inc. My wife works at the forestry company as well.

It was an honor to be sworn in by the Governor on December 3rd, 2014 starting Maine's 127th legislature. My wife, children, and parents attended the ceremony. We will find out committee assignments in late December and January 7, 2015 is the first day that the House of Representatives convene in the New Year

It's my privilege to represent you in Augusta. Like all the years before me, there are plenty of sessions and committee meetings ahead of me and I look forward to embracing this challenge on your behalf. As a businessman, a family man, and a community member I feel I have a good insight to what the people of Maine need and most importantly want from their government.

If you have questions, comments, or needs please feel free to call or email me. I look forward to meeting and talking with you. I promise to be engaged and listen to your opinions and needs. I realize that this will require a lot from me, especially my time but I am in it for the long haul and you are my motivation and reason for stepping up. Thank you for the faith and confidence you have shown by voting me into office.

May you have a wonderful and healthy New Year!

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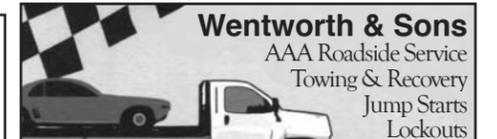
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